



WEST VIRGINIA INTEGRATED BEHAVIORAL HEALTH CONFERENCE

WVU Disordered Eating Center of Charleston

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WVU DECC

- Mission
 - Service and Treatment
 - Scholarship and Teaching
 - Advocacy



Service and Treatment

- Inter-professional outpatient care
 - Adults and children
 - Housed in WVU Department of Behavioral Medicine
 - Accept private and public insurance
 - Biweekly DECC Meetings



Service and Treatment

- Psychotherapy
 - CBT, Maudsley / FBT, DBT (both adult and adolescent)
 - Evidence-based treatments and techniques
- Nutritional Rehabilitation
 - Meal plans
 - Food exposures
- Medical Care
 - Monitoring for complications
 - Psychiatry
 - Inpatient medical hospitalization



Scholarship and Teaching

- Evidence-based care
- Monthly Journal Club
- Teaching
 - Medical students
 - Psychology and social work trainees
 - Psychiatry, pediatrics residents
- Research
 - Neuropsychological correlates of eating disorders
 - Social anxiety
 - Contextual factors affecting treatment



Advocacy

- Prevention efforts:
 - Contemporary Youth Arts Company and United Way of Central WV
- Improving Early Identification
 - Workshops for teachers, adolescent health facilitators, Children's Home Society
- Improving Access to Care
 - WV Eating Disorder Network – Summer of 2013
 - Spring CE Event: April 11, 2014



WV: Areas of Need

- Ability for patients with eating disorders to receive a higher level of service in WV
 - No specialty psychiatric units, PHP, IOP, residential treatments
 - Only some private insurers pay for out-of-state care



WV: Areas of Need

- Improved coverage of ED's with private and public insurances
 - Copays alone!
 - Travel
 - WVM



WV: Areas of Need

- More providers
 - Trainings in evidence-based treatments
 - Dispersed throughout the state



My wish list

- Nonprofit specific to individuals with ED's in West Virginia
 - Support groups
 - Fundraising
 - Lobbying for insurance coverage
 - Scholarships for treatment
 - Assistance with transportation
 - Funding for training opportunities throughout the state
 - And much more!



Contact us!

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